

Leo's Magic Masks

A Journey Through Feelings





This is Leo.

**Leo has a special box of magic masks.
Each mask helps him show
how he is feeling inside!**



The Yellow Mask: Happy!
I feel happy when I play with
my friends or see the warm sunshine.



The Blue Mask: Sad.

**I feel sad when my favorite toy
breaks or when I need a big hug.**



The Red Mask: Angry.

I feel angry when things are
not fair or when I have to
stop playing my favorite game.



The Purple Mask: Scared.

I feel scared of loud noises
or when the lights go out at night.



The Orange Mask:
Surprised!

I feel surprised when something
unexpected happens,
like a sudden party!



The Green Mask: Calm.
I feel calm when I am resting
or listening to a quiet story.



All feelings are okay!
Whether you wear the red,
blue, or yellow mask,
every feeling is a part of you.

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